

# Chiropractic Information

## CAREER DESCRIPTION

Chiropractic care emphasizes the inherent power of the body to heal itself without the use of drugs or surgery. It focuses on the relationship between the body's structure (primarily the spine) and function (as coordinated by the nervous system) and how that relationship affects the preservation and restoration of health. Often chiropractors work in cooperation with the patient's other health care practitioners. The chiropractic approach to health care is holistic, stressing the patient's overall health and wellness. It recognizes that many factors affect health, including exercise, diet, rest, environment, and heredity. Chiropractors are most known for the hands-on technique they practice to adjust imbalances in the patient's skeletal system, particularly the spine.

## ADMISSION REQUIREMENTS

- **Major:** Students interested in pursuing a chiropractic career may choose any major while at BYU, as long as they also complete the prerequisite courses for admittance to chiropractic school Accredited chiropractic medicine programs last 3.5-4 years and lead to a Doctor of Chiropractic (DC) degree.
- **GPA:** Depending on the school, the minimum GPA range is between 2.5 and 3.0.
- **Test:** Check with your respective school to see if they require a standardized test for admittance to their school.

## SAMPLE PREREQUISITE CLASSES

Chiropractic schools typically require 24 credit hours of science courses, half being labs. Plan to attend Pre-Health 101 and Pre-Health 201 workshops for more information about how the course pre-requisites work.

\*Remember, this list is a sample and may not be adequate for every school. Plan to attend both the pre-health 101 and pre-health 201 workshops to learn more about the coursework and other requirements necessary for admission to the program.

### PSYCHOLOGY

PSYCH 111: General Psychology	3.0 hrs
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### BIOLOGY

CELL 220: Human Anatomy & Lab	4.0 hrs
CELL 305: Human Physiology <b>or</b> (CELL 362, if required by your major)	4.0 hrs
CELL 363: Human Physiology Lab	1.0 hrs

### GENERAL CHEMISTRY

CHEM 105: General College Chemistry I	4.0 hrs
CHEM 106 & 107: General College Chemistry II & Lab	3.0, 1.0 hrs

### ORGANIC CHEMISTRY/BIOCHEMISTRY

CHEM 351: Organic Chemistry	3.0 hrs
CHEM 352 & 353: Organic Chemistry II & Lab	3.0, 2.0 hrs
CHEM 481: Biochemistry	3.0 hrs

### PHYSICS

PHSCS 105 & 107: General Physics I & Lab	3.0, 1.0 hrs
PHSCS 106 & 108: General Physics II & Lab (PHSCS 121, 123, if required by your major)	3.0, 1.0 hrs

## ONLINE RESOURCES

- Association of Chiropractic Colleges
- Chiropractic College Application Service
- BYU Allied Health Club