

Preparing for Naturopathic School: Coursework

Below is a list of BYU coursework that, generally fulfills prerequisites for many naturopathic schools. This is not a comprehensive list.

Plan to attend Pre-Health 101 and Pre-Health 201 workshops to determine how to navigate the prerequisite complexity.

COURSES RECOMMENDED FOR NATUROPATHIC SCHOOL

CHEMISTRY

CHEM 105: General College Chemistry I (includes lab)	4.0 hrs
CHEM 106 & 107: General College Chemistry II & Lab (CHEM 111, 112, & 113, if required by your major)	3.0, 1.0 hrs
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CHEM 351: Organic Chemistry I	3.0 hrs
CHEM 352 & 353: Organic Chemistry II & Lab (CHEM 354, if required by your major)	3.0, 2.0 hrs
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CHEM 481: Biochemistry	3.0 hrs

BIOLOGY

Some programs want General Biology I & General Biology II (w/labs), BYU's equivalent is one of the following options:	
General Biology I options:	
CELL 120: Science of Biology (may need MMBIO 122)	3.0, 1.0 hrs
or	
MMBIO 121: General Biology: Health & Disease (may need MMBIO 122)	3.0, 1.0 hrs
or	
BIO 130: Biology (includes lab)	4.0 hrs
General Biology II options:	
MMBIO 240 & 241: Molecular Biology & Lab	3.0, 1.0 hrs
and/or	
MMBIO 221 & 222: General Microbiology & Lab (MMBIO 151, if required by your major)	3.0, 1.0 hrs
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CELL 220: Human Anatomy (includes lab)	4.0 hrs
CELL 305: Human Physiology (may need CELL 363)	4.0, 1.0 hrs
or	
CELL 362: Advanced Physiology (may need CELL 363)	3.0, 1.0 hrs

PHYSICS

PHSCS 105 & 107: General Physics I & Lab	3.0, 1.0 hrs
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MATH

MATH 112: Calculus I	4.0 hrs
or	
STAT 121: Introduction to Statistical Data Analysis	3.0 hrs
or	
MATH 110: College Algebra	3.0 hrs

COURSES REQUIRED BEFORE NATUROPATHIC SCHOOL MATRICULATION

English: Typically at least two classes, review your individual school's requirements.

Humanities/Social Sciences: Requirements vary, review your individual school's requirements.

HELPFUL PRE-NATUROPATHIC CLASSES

STDEV 470: Health Professions Application	2.0 hrs
Preparation for health professional school applications including medicine, dentistry, physical therapy, physician assistant, etc.; entire application process, including school identification and submission.	
BIO 370: Bioethics	2.0 hrs
In-depth lecture and small group discussion of varied bioethical issues.	
PHIL 212R: Introduction to Medical Ethics	3.0 hrs
Exploration of key questions in medical ethics. Equips students to understand, evaluate, and effectively respond to arguments that seek to answer these questions as they formulate their own conclusions.	